# IMERMAN Your One-on-One Cancer Support Community

# **CANCER PARTNER RESOURCES**

## **RESOURCE CATEGORIES**

- Alternative Therapy
- AYA (Adolescent Young Adult)
- Camps
- Clinical Trials
- College Scholarships
- Emotional/Mental Support

### • Fertility

- Financial, Insurance, & Legal
- Food Services
- General Support
- Genetic-Related Support Groups, High Risk & Previvor
- LGBTQIA+
- Parenting & Cancer
- Specific Cancer Resources
- Transportation & Lodging
- Other Resources

## **Alternative Therapy**

### **Annie Appleseed**

## www.annieappleseedproject.org (561) 749-0084

Provides information, education, advocacy, and awareness for people with cancer and their family and friends who are interested in complementary or alternative medicine (CAM) and natural therapies from a patient's perspective.

## **Block Integrative Cancer Center**

## www.blockmd.com (877) 412-5625

These individualized programs are designed to give you, the patient, the best opportunity to live better and to improve the overall quality of your life while you undergo treatment. We combine state-of-the-art conventional cancer treatments with scientifically based integrative therapies.

## **Hippocrates Health Institute**

## www.hippocratesinst.org (888) 228-1755

To provide a space in which each student finds connection to and expression of physical, mental, emotional and spiritual wellness gained through knowledge, skills and experience with a holistic living foods lifestyle.

## **AYA (Adolescent Young Adult)**



#### **Elephants and Tea**

#### www.elephantsandtea.com

We are the only magazine written for and by the AYA cancer community telling their story in their own words.

## Nik's Wish

## www.nikolasritschelfoundation.org

The Nikolas Ritschel Foundation is a non-profit, that provides enrichment opportunities for cancer patients (18-24 years of age).

#### SamFund for Young Adults

## www.thesamfund.org (866) 552-6729

Helping young adults who are struggling financially because of cancer. Twice a year, they give grants to survivors aged 21-39 to help with medical bills, living expenses, and much more. They also offer free online support and education through a Webinar series. It is even for undergraduate tuition and legal fees.

#### **Stupid Cancer**

#### www.stupidcancer.org (877) 735-4673

They create shared experiences by producing life-changing live events and digital content that end isolation, build community, provide education, and foster meaningful relationships that last a lifetime. Their mission is to empower, support, and improve health outcomes for the young adult cancer community.

#### The Young and A Survivor Network For Health Equity

## www.cancer.uillinois.edu/patients-survivors/yaas-young-and-a-survivor/

The Young and A Survivor (YAAS!) Network of Health Equity, is a CDC funded grant, composed of healthcare providers, community-based organizations, young survivors, and metastatic thrivers working together to bring resources and services to young women affected by breast cancer and their loved ones. YAAS! is especially focused on young women who have limited access to resources and support because of race, color, sexual orientation and/or identity, disability, education, income, and other structural barriers.





#### **The Epic Experience**

#### www.epicexperience.org (855) 650-9907

Offers to adult cancer thrivers and caregivers a free week long outdoor adventure in the Colorado Rockies with different activities such as ski, paddle, ride, and more.

#### **First Descents**

www.firstdescents.org (303) 945-2490 Provides life-changing outdoor adventures for young adults (ages 18-39) impacted by cancer.

## **True North Treks**

#### hww.truenorthtreks.org

True North Treks is a nonprofit organization that empowers young adults and caregivers affected by cancer to "find direction through connection" after the very disconnecting experience of cancer and its treatment at this age.

**Clinical Trials** 

## Lazarex Cancer Foundation

## www.lazarex.org 877-866-9523

Strives to improve cancer health outcomes, FDA cancer clinical trial diversity and enrollment, and patient access to care by providing assistance with clinical trial navigation, reimbursing trial related travel costs, and partnering with at-risk communities to mobilize resources.

## **NIH Clinical Trial Database**

## www.clinicaltrials.gov

Search for actively recruiting studies that you may be able to participate in or learn about new interventions/treatments that are being considered.

#### **25 Scholarships for Cancer Survivors**

## www.top10onlinecolleges.org/scholarships-for/cancer-survivors

Survivors of childhood cancer overcome seemingly insurmountable obstacles in order to fight their cancer and regain their health. However, a battle with cancer often leaves a family in financial difficulties. For survivors entering college, several funds have been set up to assist families in affording a college education for their child following the diagnosis of childhood cancer. Here list of 25 college scholarships available to cancer survivors or students who have been affected by the cancer diagnosis of a family member.

## **Emotional/Mental Support Services** ランジ

#### **Cancer Care (Professional Support)**

#### www.cancercare.org (800) 813-4673

Counseling, support groups, education, financial assistance with cancer. Licensed psychologists on staff are available for free counseling sessions and also financial assistance

#### **Cancer Support Community**

#### www.cancersupportcommunity.org (888) 793-9355

The organization includes an international network of Affiliates that offer the highest quality social and emotional support for people impacted by cancer, as well as a community of support available online and over the phone

#### Gilda's Club Chicago (Part of the Cancer Support Community)

www.gildasclubchicago.com (312) 464-9900 Provides various programs and activities for cancer patients. Has a list of patient, survivor and caregiver support resources

#### Imerman Angels (One-on-One Cancer Support)

www.imermanangels.org (877) 274-5529 Provides comfort and understanding for all cancer fighters, survivors, previvors and caregivers through a personalized, one-onone connection with someone who has been there

#### Mental Health America (MHA)

#### www.mhanational.org

Mental Health America (MHA) is the nation's leading community-based nonprofit dedicated to addressing the needs of those living with mental illness and to promoting the overall mental health of all Americans

#### **The National Domestic Violence Hotline**

## www.thehotline.org (800) 799-7233

Has highly-trained advocates available 24/7 to talk confidentially with anyone experiencing domestic violence, seeking resources, or information, or questioning unhealthy aspects of their relationship

#### 988 Suicide & Crisis Lifeline

www.988lifeline.org 988 Available 24 hours

#### **National Emergency Line**

911

#### **NoStigmas**

www.nostigmas.org (888) 816-6403 Peer-to-peer connections to promote mental wellness and prevent suicide

#### **Suicide Crisis Text Line Text**

HOME to 741741 from anywhere in the USA, anytime, about any type of crisis

## Fertility for Females & Males $\Upsilon$

#### **Alliance for Fertility Preservation**

www.allianceforfertilitypreservation.org (415) 535-6088 Increase information, resources and access to fertility preservation for cancer patients and the healthcare professionals who treat them.

#### LIVESTRONG

www.livestrong.org (855) 220-7777 Provides direct services to anyone affected by cancer; connects people and communities with the services they need; and call for state, national and world leaders to help fight this disease.

#### **Team Maggie**

www.teammaggieforacure.org (877) 778-2366 Their purpose is to provide financial assistance to young women and men for the purpose of preserving eggs and sperm.

#### Worth the Wait

www.worththewaitcharity.com (877) 778-2366 Surrogacy, fertility, and adoption grants for ALL cancer survivors.

## Financial, Insurance, and Legal

#### Angels of Hope (For Michigan Families only)

#### www.angelsofhope.org (586) 226-3146

Provides financial assistance to families caring for children with a cancer diagnosis.

#### **Cancer and Careers**

www.cancerandcareers.org (646) 929-8017

Empowers and educates people with cancer to thrive in their workplace, by providing expert advice, interactive tools and educational events.

#### **Cancer Care**

## www.cancercare.org (800) 813-4673

Counseling, support groups, education, financial assistance with cancer. Licensed psychologists on staff available for free counseling sessions.

## **CancerCare Co-Payment Assistance Foundation**

www.cancercarecopay.org (866) 552-6729

Helping you afford your co-payments for chemotherapy and targeted treatment drugs, assistance free of charge to ensure patient access to care and compliance with prescribed treatments.

#### **Cancer Financial Assistance Coalition**

#### www.cancerfac.org (online resource directory)

CFAC is a coalition of financial assistance organizations joining forces to help cancer patients experience better health and wellbeing by limiting financial challenges.

#### **Cancer Legal Resource Center**

#### www.thedrlc.org/cancer/ (866) 843-2572

Provides information and education about cancer-related legal issues to the public through its national telephone assistance line. The CLRC also conducts national education and outreach programs

#### **HealthWell Foundation**

#### www.healthwellfoundation.org (800) 675-8416

The HealthWell Foundation reduces financial barriers to care for under-insured patients with chronic or life-threatening diseases. Provides financial assistance to eligible individuals to cover coinsurance, copayments, health care premiums, and deductibles for certain medications and therapies

#### Job Accommodation Network

#### www.askjan.org (800) 526-7234

The leading source of free, expert, and confidential guidance on workplace accommodations and disability employment issues. Trusted consultants offer one-on-one guidance on workplace accommodations, the Americans with Disabilities Act (ADA) and related legislation, and self-employment and entrepreneurship options for people with disabilities

#### Never Had a Bad Day (greater Chicago area)

#### www.nhbd.org (312) 874-7420

The NHBD goal is to inspire more reasons for children and their supporting families to smile. Their donations are directed at relieving the financial, material and emotional strains on a family, allowing them to focus on the treatment of the child.

#### **Patient Access Network**

#### www.panfoundation.org (866) 552-6729

To help under-insured people with life-threatening, chronic and rare diseases get the medications and treatment they need by paying for their out-of-pocket costs and advocating for improved access and affordability.

#### **Patient Advocate Foundation**

#### www.patientadvocate.org (800) 532-5274

A non-profit organization that serves as an active liaison between the patient and their insurer, employer and/or creditors to resolve insurance, job discrimination and/or debt crisis matters relative to their diagnosis through professional case managers, doctors and attorneys. Financial, insurance assistance and also legal assistance.

#### SamFund for Young Adults

#### www.thesamfund.org (866) 552-6729

Helping young adults who are struggling financially because of cancer. Twice a year, they give grants to survivors aged 21-39 to help with medical bills, living expenses, and much more. They also offer free online support and education through a Webinar series. It is even for undergraduate tuition and legal fees.

#### **Triage Cancer: Beyond Diagnosis**

#### www.triagecancer.org (424) 258-4628

Triage Cancer is a national, nonprofit organization that provides cancer survivorship education, beyond diagnosis, to patients, survivors, caregivers, advocates, and healthcare professionals, through educational events, a speakers bureau, and online. materials and resources.

#### WiTT We're in This Together

www.wittforever.com Support registry for cancer patients.

## **Food Services**



#### **Culinary Care - Chicago Specific**

www.culinarycare.org info@culinarycare.org

Culinary Care delivers complimentary meals to in-need cancer patients and their families, ensuring they never have to struggle to get the nourishment they need to survive.

#### **Hippocrates Health Institute**

www.hippocratesinst.org (888) 228-1755

To provide a space in which each student finds a connection to and expression of physical, mental, emotional and spiritual wellness gained through knowledge, skills and experience with a holistic living foods lifestyle.

## **General Support**



#### 211

www.211.org Resource Directory for Crisis & Emergency, Food, Housing and Health.

#### **American Cancer Society**

#### www.cancer.org (800) 227-2345

The American Cancer Society is a nationwide, community-based, voluntary health organization dedicated to eliminating cancer as a major health problem by preventing cancer, saving lives, and diminishing suffering from cancer, through research, education, advocacy, and service. The Road to Recovery program provides transportation to and from treatment. ACS can also provide wigs through their wig boutique, Tender Loving Care.

## Genetic/Previvor/High Risk Resources

#### AliveAndKickn

#### https://aliveandkickn.org/

To improve the lives of individuals and families affected by Lynch Syndrome and associated cancers through research, education, and screening.

#### **Bright Pink: Breast and Ovarian Health Association**

#### www.brightpink.org

We're saving women's lives from breast and ovarian cancer by empowering them to live proactively at a young age. We target the 52 million women between the ages of 18-45, as well as the people who love and influence them. We focus on health, not cancer, to inspire women to practice prevention. Our innovative programs, strategic initiatives, and powerful partnerships directly reach women in their daily lives and healthcare providers in their daily practice.

#### **Chicago Center for Jewish Genetic Disorders**

## www.jewishgeneticdiseases.org/jewish-genetic-diseases (312) 357-4718

The Chicago Center for Jewish Genetic Disorders is an organization that provides knowledge about Jewish genetic disorders, including ovarian and breast cancer. In particular, the organization educates and encourages women to be hands-on with their health and to seek genetic counseling.

#### FORCE (Facing Our Risk of Cancer Empowered)

#### www.facingourrisk.org (866) 288-RISK (7475)

FORCE's mission is to help women establish if they are at high risk for breast or ovarian cancer by providing information and support about the diseases. The website raises awareness for the hereditary cancers, while discussing current research and coping methods.

#### **Living Beyond Breast Cancer**

#### www.lbbc.org (855) 807-6386

Living Beyond Breast Cancer's mission is to empower all women affected by breast cancer to live as long as possible with the bestquality of life. They also provide breast cancer information and support to family members, caregivers, friends and healthcare providers.

#### **MPN Cancer Research Foundation**

(312) 204-6649

#### **Share Cancer Support**

www.sharecancersupport.org/breast-cancer/breast-cancer-stories This is an online support community, where those touched by breast cancer can share their experiences with loved ones and with one another

#### Sharsheret

#### www.sharsheret.org (201) 833-2341

Sharsheret is an organization that is devoted to helping young Jewish women who are living with breast cancer. It provides support and knowledge about breast cancer and Jewish women

#### **Young Survival Coalition**

#### www.youngsurvival.org (877) 972-1011

The Young Survival Coalition (YSC) is the only international, non-profit network of breast cancer survivors and supporters dedicated to the concerns and issues that are unique to young women and breast cancer.

## **Genetics-Related Support Groups**

#### **Colon Cancer Alliance for Research and Education of Lynch Syndrome**

www.Fightlynch.org

CCARE Lynch Syndrome aims to help educate the public and healthcare professionals about the condition and to help raise funds to research a cure.

#### **Hereditary Colon Cancer Foundation**

#### www.Hcctakesguts.org

The hereditary colon cancer foundation provides many different types of services and support to overall enhance the quality of life and foster hope in patients diagnosed with hereditary colon cancer syndromes.

#### **HLRCC Family Alliance**

#### www.Hlrccinfo.org

The HLRCC family alliance provides information and support for patients. The organization also provides recommendations and guidance for treatment to medical professionals.

## Living LFS

#### www.livinglfs.org

By connecting LFS families with resources and others who have this rare syndrome, Living LFS provides awareness, support, and community.

### **PTEN Foundation (Cowden Syndrome)**

### www.Ptenfoundation.org

The mission of the PTEN Hamartoma Tumor Syndrome foundation is to fund research, provide education, and support patients who have Cowden syndrome.

## VHL Alliance

#### www.Vhl.org

The VHL Alliance is an organization that provides resources for VHL diagnosis, screening, and treatment. The VHLA funds research and contributes to both awareness and education. Support resources include a toll-free hotline, national/regional meetings, and printed materials.

## LGBTQIA+ Community LGBTQIA+

#### Escape

#### www.escapeayac.org\_212-675-2633

To provide a sense of Escape for LGBTQIA+ Adolescent and Young Adult Cancer Patients, Survivors, and Caregivers.

#### The National LBGT Cancer Network

#### www.cancer-network.org 212-675-2633

The National LGBT Cancer Network works to improve the lives of LGBT cancer survivors and those at risk by: (1) EDUCATING the LGBT community about our increased cancer risks and the importance of screening and early detection. (2) TRAINING health care providers to offer more culturally-competent, safe and welcoming care; (3) ADVOCATING for LGBT survivors in mainstream cancer organizations, the media and research.

## **Parenting & Cancer**

#### **Bright Spot Network**

#### www.brightspotnetwork.org

Connects cancer patients and survivors who are parents of small children with support and resources for individual and familial healing, recovery, and reconnection.

#### **Camp Kesem**

www.campkesem.org (260) 225-3736 Operates free summer camps for children who have been touched by a parent's cancer.

#### **Never Ever Give Up (NEGU)**

www.negu.org (888) 648-6348 Resources for families and kids with cancer. They have free "joy jars".

#### **Pickles Group**

www.picklesgroup.org\_ Provides free resources for kids affected by their parent or guardians' cancer.

#### **Telling Kids About Cancer**

## http://www.tellingkidsaboutcancer.com/ (800) 334-8571 Telling children about a cancer diagnosis can be overwhelming for any parent. This tool will support you every step of the way.

## American Lung Association

### www.lung.org (800) 586-4872

To save lives by improving lung health and preventing lung disease. For anyone with lung cancer who would like free help to quit smoking.

### **Blue Faery (Liver Cancer)**

#### www.bluefaery.org (818) 636-5624

Founded in Burbank, California, Blue Faery's mission is to prevent, treat and cure primary liver cancer, specifically Hepatocellular Carcinoma (HCC), through research, education and advocacy. Founder Andrea Wilson raised her younger sister, Adrienne, from the time she was eight years old until her death from HCC at the age of 15. Adrienne was only sick 147 days. Andrea's goal is to see a cure for liver cancer in her lifetime.

### **Colorectal Cancer Alliance**

### www.ccalliance.org/about/mission-and-goals

To empower a nation of allies who work with us to provide support for patients and families, caregivers, and survivors; to raise awareness of preventive measures; and inspire efforts to fund critical research.

## **Colon Cancer Coalition (Colorectal Cancers)**

#### www.coloncancercoalition.org (952) 378-1237

Empowers local communities to promote prevention and early detection of colon cancer, and to provide support to those affected.

## Head and Neck Cancer Alliance

#### www.headandneck.org (866) 792-4622 (HNCA)

Our mission is to advance the prevention, detection, treatment and rehabilitation of oral, head and neck cancer through public awareness, research, advocacy and survivorship.

#### **Hope For Stomach Cancer**

#### www.stocan.org

Hope creates and facilitates programs that enable those affected by stomach cancer to take actionable steps to live the best possible life through each phase of the disease.

#### **Knitted Knockers**

#### www.knittedknockers.org

"Knitted Knockers are special handmade breast prostheses for women who have undergone mastectomies or other procedures to the breast. Traditional breast prosthetics are usually expensive, heavy, sweaty, and uncomfortable. They typically require special bras or camisoles with pockets and can't be worn for weeks after surgery. Knitted Knockers, on the other hand, are soft, comfortable, and beautiful and when placed in a regular bra they take the shape and feel of a real breast. Our special volunteer knitters provide these FREE to those requesting them."

## **The Leukemia Research Foundation**

www.leukemiarf.org (847) 424-0600 Mission: to cure leukemia by funding innovative research, and to support patients and families.

## **Melanoma Research Foundation**

## www.melanoma.org (800) 673-1290

Leading the melanoma community to transform melanoma from one of the deadliest cancers to one of the most treatable through research, education, and advocacy.

#### The Pink Fund (Patient Financial Aid Program for Breast Cancer Patients)

www.pinkfund.org (877) 234-7465

Provides 90 day non-medical cost-of-living expenses to breast cancer patients in active treatment for breast cancer, so they can focus on healing, raising their families, and returning to the workplace.

## Project Purple (Patient Financial Aid Program for Pancreatic Cancer Patient)

www.projectpurple.org (203) 714-6052 Project Purple is a nationwide 501(c)(3) non-profit organization created to raise awareness, support patients and families affected by the disease, and fund research efforts to defeat pancreatic cancer. Project Purple supports patients struggling with medical, pharmaceutical, and everyday living expenses related to their fight against pancreatic cancer.

## Sarcoma Alliance

www.sarcomaalliance.org (415) 381-7236 A crucial source of guidance, education, support and connection.

## Zero Prostate

www.zerocancer.org (844) 244-1309

Formed to stand up for men and their families impacted by prostate cancer and become a political force for a cure. Mission: to create public awareness and a collective voice for the prostate cancer movement.

## Transportation & Lodging

## ACS Road to Recovery & Hope Lodge Services

## www.cancer.org (800) 227-2345

The American Cancer Society "Road To Recovery" program provides transportation to and from treatment for people with cancer, who do not have a ride or are unable to drive themselves.

## Air Charity Network (Free Flights)

## www.aircharitynetwork.org (877) 621-7177

Comprised of network member organizations who cover specific geographical service areas and coordinate volunteer pilot flights in the continental United States, as well as Alaska and Hawaii.

## Compass to Care (Travel Assist Chicago-Children)

## www.compasstocare.org (312) 515-9490

Ensures all families can access life-saving cancer treatment for their children. They carry out this mission by scheduling and paying for travel arrangements to the hospital where a child is being treated for cancer. Qualifications: Have a child under the age of 18, who has been diagnosed with cancer, and who is in an active treatment regimen and demonstrate a financial need.

## Corporate Angel Network, Inc. (Free Flights)

## www.corpangelnetwork.org (866) 328-1313

Help cancer patients access the best possible treatment for their specific type of cancer by arranging free travel to treatment across the country using empty seats on corporate jets. Eligibility to participate in this program is open to all cancer patients, bone marrow donors, and bone marrow recipients, who are ambulatory and not in need of medical support while traveling. Eligibility is not based on financial need, and patients may travel as often as necessary.

## Illinois Medical District (IMD) Guest House (Chicago)

## www.imdguesthouse.org (312) 996-1167

Non-profit hospitality house for patients and caregivers. The IMD Guest House provides the comforts of home and the care of community to outpatients and the families of patients who must seek treatment away from home through convenient and affordable temporary lodging.

#### Joe's House

#### www.joeshouse.org (877) 563-7468

A nonprofit organization that helps cancer patients and their families find a place to stay when traveling away from home for medical treatment. They list cancer treatment centers and hospitals across the country with nearby lodging facilities that offer a discount.

#### **National Patient Travel Center (Provides referrals & assistance)**

#### www.patienttravel.org (800) 296-1217

Provides information about all forms of charitable, long-distance medically-related transportation and provides referrals to all appropriate sources of help available in the national charitable medical transportation network.

#### Ronald McDonald House

#### www.rmhc.org (630) 623-7048

A Ronald McDonald House is that "home-away-from-home" for families, so they can stay close by their hospitalized child at little or no cost. At every House, families can enjoy: home-cooked meals, private bedrooms, and playrooms for children.

## Other Resources (i)

#### National Cancer Institute

#### www.cancer.gov (800) 422-6237

The National Cancer Institute is an immerse forum that provides information about all forms of cancer. It provides statistics, research, treatment, and overall knowledge about cancer.

#### **The Rapunzel Project**

www.rapunzelproject.org Mission: To create awareness of the existence and efficacy of scalp cooling therapy.

#### **Reclaiming Intimacy**

www.reclaimingintimacy.org We help people and their partners connect in ways they never thought possible after receiving a diagnosis.



