

Genetics and Cancer

Resource Guide

SUMMER 2024

Community Event Series



This resource guide is supported by:



Sponsored by Lilly, content developed by Imerman Angels.

Genes and Cancer: An Overview

Cancer is confusing enough, but it's even more important NOW to understand the influence that genes play on a cancer diagnosis. Join our panelists for an overview of the role of genetics in cancer, including, but not limited to:

- What is genetic testing?
- What is cascade testing?
- When do I request a genetic test?
- What's the difference between inherited genes and the biomarkers of tumors?

We're hoping that this opportunity will allow you to be proactive and feel empowered to research even more about your and your loved ones' health. Join us for this FREE event by clicking the link below.

REGISTER

Genetics and Cancer Resources

DESCRIPTION	LINK
What Is Genetic Counseling And Genetic Testing? What Are Previvors?	Watch
Decoding Genetic Tests For Parents-To-Be	Watch
Benefits Of Genetic Testing With Steven Keiles	<u>Listen</u>
AliveandKick'n: The Podcast	<u>Listen</u>
Cancer Survivorship And Role Of Genetics & Genomics	Watch
Cancer Genetics: Cancer And Family History	Watch
Health Insurance State Laws: Biomarker Testing	Read
Checklist To Understanding Biomarker Testing	Read
Cancer Matters With Dr. Bill Nelson: Cancer Genetics	<u>Listen</u>
Biomarker Testing For Cancer Treatment	Read
Understanding Genetics	Read
Genetics And Genomics: Why Are They Important For Cancer Patients?	Watch

CANCER-SPECIFIC GENETIC RESOURCES

Genetics And Bladder Cancer Treatment	<u>Watch</u>
Precision Medicine, Genomics, Bladder Cancer	Watch
Hereditary Breast Cancer: Genetics And New Treatment Guidelines	Watch
Black Women And Genetic Risk Of Breast Cancer	Watch
The Whys, Whats And Hows Of Biomarker Testing For Colorectal Cancer	Read
Lung Cancer Biomarker Testing	Watch
Understanding Genetic Mutations & Biomarkers In Ovarian Cancer	Watch
Inherited Gene Increases Risk Of Pancreatic Cancer	Watch
Genetics Of Pancreatic Cancer	Watch
Genetic Counseling And Prostate Cancer	Watch
Ask The Experts: Genetics And Family Cancer Syndromes	Watch
How Do Genetics Of MPNs Affect Prognosis?	Watch
Triage Cancer Webinar: Genetics & Genomics	Watch

Genetics and Cancer Events

DESCRIPTION	DATE/TIME	LINK
Understanding Your Risk-Reducing Breast Surgical Options	July 17th / 6 pm CT	Register
Hereditary Cancer Risk Calculator: What Is It And How Do I Use It?	July 17th / 7:30 pm CT	Register
Cancer Genomics Consortium 2024 Annual Conference	August 4th - 7th	Register
Cancer Research & Oncology: Virtual Event Series 2024	October 4th	Register
International Cancer Conference 2024	October 17th - 19th	Register
Triage Cancer Webinar: Tips On Accessing Care	November 19th / 6pm	Register



It's been so wonderful to have someone my age who's a year ahead of my journey and who made the same commitment to get a voluntary mastectomy at a young age. It's been a lonely decision, and everyone has their opinion, so it's been so nice to connect with someone who has been through it and understands exactly what I am feeling."

- Jordan S., Support Seeker, BRCA1

Partner Feature



AliveandKickn is a non-profit organization dedicated to improving the lives of individuals and families affected by Lynch syndrome, a genetic condition that increases the risk of certain cancers, primarily colon and endometrial. The organization focuses on research, education and screening to promote early detection and effective management of Lynch syndrome-associated cancers. They offer resources such as genetic testing information, patient support, educational videos and advocacy efforts; aiming to raise awareness and provide support to those impacted by this hereditary condition.

LEARN MORE



I was connected with a woman who has the same genetic condition called Lynch syndrome. Being matched brought up many vivid memories of the fear, anxiety and uncertainty that comes along with discovering you have a cancer syndrome. We were able to connect and share stories. I wish I had known about Imerman Angels when I was newly diagnosed, but even more, I'm grateful to be a sounding board for anyone who is feeling alone. Not many people know the dread of having lifelong scans, tests and procedures to avoid cancer; but knowledge of the syndrome can save your life. Thank you connecting us all."

- Tara K., Mentor Angel, Lynch syndrome

Additional Resources

ADOLESCENTS AND YOUNG ADULTS (AYA) RESOURCES

Cactus Cancer Society

Inclusive Family Building
For Those Touched By
Cancer

The Scoop: Finances And Cancer - AYA Focused

The Scoop: Navigating
Careers And Cancer - AYA
Focused

The Scoop: Navigating
College And Cancer

Dating After A Cancer
Diagnosis Podcast

Fertility After Cancer

Parenthood Options For Infertile Survivors

Young Adult Survivor/ Caregiver Retreats

Age Appropriate Family
Cancer Support Kit

Family Building Resources

Family Building Definitions

BILINGUAL RESOURCES

Recursos En Español

El Sueño Después De Un Diagnóstico De Cáncer De Mama

Prostate Care En Espanol

Prostate Care En French

Prostate Care In Shalom

Thyroid Cancer En Espanol

<u>Lidiar Con Los Efectos</u> Secundarios En El Trabajo

En Vivo: Amar Su Hígado

Cómo Tomarse Tiempo Libre Con Goce De Sueldo

<u>Decisiones Sobre La</u> <u>Divulgación</u>

Kidney Cancer - Translated

CAREGIVER RESOURCES

Hospice & Community
Care Caregiver Training

Supporting Caregivers
Work - Laws That Protect

Coping with Your Loved
One's Metastatic Triple
Negative Breast Cancer

Balancing Work And Caregiving

Courageous Parents
Network - Caring For A
Child

Things Caregivers Need
To Know When Their Loved
One Dies

Caregiver Podcasts
Featuring Dr. Allison
Applebaum

Love Your Caregiving Life Podcast

Support And More

Cancer Caregivers Need
Care Themselves

Additional Resources

CANCER-SPECIFIC RESOURCES

Fighter To Thriver With Breast Cancer

The Psychosocial Impact
Of Bladder Removal

Newly Diagnosed with

Metastatic Breast Cancer Next Steps

Dealing With Recurrence
With Ovarian Cancer

Know What Your Doctors
Know about Basal Cell Skin
Cancer

Non-Operative Strategy
For Locally Advanced
Rectal Cancer

Kidney Cancer
Association's Rights To
Work

Recently Diagnosed With Kidney Cancer - Next Steps

I Felt Like Breast Cancer Put My Life On Hold

RESEARCH & CLINICAL TRIALS

Diet & Exercise May
Prevent Colorectal Cancer
Recurrence (Study)

Self-Perception and Intimacy After the Cancer Experience (Study)

Research Opportunity For Ovarian Cancer Patients

Understanding Clinical Trials In Ovarian Cancer

Open Clinical Trials For Those Positive For The BRCA GENE

Participate In The Inherited Cancer Registry (ICARE)

Paid Research Study For Those Diagnosed With Lynch Syndrome

Demystifying Clinical
Trials: A Comprehensive
Guide To The Science Of
Hope (Podcast)

ProChange Previvor Trials



RESOURCES



Imerman Angels Grief ToolKit

A guide to coping and supporting the grief process.

DOWNLOAD

List of helpful cancer related resources.

Resource Page

Request Brochures

Shop Imerman Angels

Become a Mentor Angel

Have you sought support with Imerman Angels? Are you willing to give back? Join our worldwide cancer support community as a Mentor Angel and provide personalized, one-on-one support for cancer fighters, survivors, previvors and caregivers.

LEARN MORE

Looking for other ways to get involved?

Being a part of Imerman Angels' volunteer community makes you a special type of supporter that believes in the same future we do – to see a world where no one faces cancer alone! Learn more





Share your journey

Everyone has a story to tell. It only takes one story to inspire and provide hope to others. Whether it is a story of survivorship or your experience as a caregiver, others like you will find comfort in knowing they are not alone.

SHARE YOUR STORY

Connect with us

Imerman Angels

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- vimeo.com/user85396031
- in linkedin.com/company/imerman-angels

This resource guide is supported by: Lilly
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