

Navigating Cancer: Support and Resources for BIPOC Communities



SPRING 2026

The Necessity of BIPOC-Specific Support and Resources in Cancer Care

On top of the difficulties that come with a cancer diagnosis, BIPOC (Black, Indigenous, and People of Color) individuals and communities face additional barriers and burdens deeply rooted in the healthcare system and society at large. Research shows that systemic racism and implicit bias, or prejudices that are so ingrained that the person holding these beliefs is not even aware of them¹, consistently lead to worse medical care and poorer health outcomes for BIPOC patients.²

Beyond this baseline of difficulties baked into the system, there are even more factors that contribute to the burden BIPOC individuals often face when navigating a cancer diagnosis, says Lisa Petgrave-Nelson, DSW, LMSW, OSW-C, Bone Marrow Transplant Oncology Social Worker at City of Hope in Atlanta, Facilitator of the Metastatic Breast Cancer (MBC) Support Group for Black Women at SHARE Cancer Support, and Co-Host of SHARE's *Let's Talk About It: Black Women With Breast Cancer* monthly webinar series.

Medical mistrust is a significant barrier, says Petgrave-Nelson. Our country's history of slavery, segregation, and unethical medical experimentation on BIPOC patients, up through present-day racism and discrimination, have understandably resulted in many BIPOC communities mistrusting the medical system.³ While rooted in a logical impulse for self-protection, medical distrust ultimately causes harm: It's been shown to negatively impact preventative screening, medication adherence, attendance at follow-up appointments, and quality of life.⁴

Another challenge BIPOC communities often struggle with is cultural norms and stigma surrounding illness, says Petgrave-Nelson.

“There's a lot of secrecy surrounding a cancer diagnosis [in some BIPOC communities],” she says. “People don't really talk about it.”

This secrecy leads to increased isolation while going through a cancer diagnosis, treatment, and



Lisa Petgrave-Nelson DSW, LMSW, OSW-C

survivorship – and also a lack of knowledge about family medical history, Petgrave-Nelson adds. Knowing if there's a history of cancer in your family can help inform important healthcare decisions, like if you'd benefit from genetic testing, if you should be getting certain cancer screenings earlier or more frequently than the general population, or if any preventative measures are recommended for your circumstances, for example.⁵

In an ideal world, the healthcare system would be responsible for its own repair, mending the barriers BIPOC patients face. In reality, these improvements are slow to come, when they happen at all.

However, there is something that can help meet needs and fill some of these gaps, says Petgrave-Nelson: cancer resources and support specifically tailored to BIPOC individuals and communities.

This can take many forms, from support groups, peer mentoring, and therapy, to culturally attuned online resource guides, videos, and podcasts. Below, Petgrave-Nelson explains how BIPOC-specific cancer support helps – and why it's so crucial.

Benefits of Resources and Support Tailored for BIPOC Communities

Shared Experiences and Understanding

Attending a cancer support group specifically for BIPOC individuals with a similar background to you can offer tremendous benefit. For one, you start with a shared collective history, common reference points, and mutual cultural understanding from the beginning. The same is true for one-on-one support, like a peer mentor or therapist, when those cultural commonalities are present.

“It’s important that we create spaces where patients don’t have to explain or justify their experience; they’re already understood,” says Petgrave-Nelson.

In a support group that’s solely for members of a BIPOC community, “you can have deeper and more honest conversations about your lived experiences,” Petgrave-Nelson says. “There’s a level of comfort you might not feel in a group of people [with different backgrounds].”

No Need to “Code Switch”

“Code switching,” or adjusting how you present yourself – through your appearance, mannerisms, and how you talk and dress, depending on the environment you’re in⁶ – is common for BIPOC individuals, Petgrave-Nelson says.

For example, a 2023 workplace study found that about two-thirds of Black women change their hair for a job interview, almost half of whom change their hair from curly to straight. Similarly, anticipating bias in a medical setting, a BIPOC individual might feel the need to be more formal and deferential than usual to avoid being perceived as angry or defensive, or dress “professionally” to be taken seriously, says Petgrave-Nelson. The necessity of making these types of adjustments results in an additional burden to the patient.

Microaggressions (insulting comments or actions that subtly and sometimes unintentionally express prejudice toward a member of a marginalized group⁸), racism, bias, family expectations, mistrust of the healthcare system, and workplace discrimination can all fuel the need to code switch, Petgrave-Nelson says.

While code-switching is employed to fit into the dominant culture in any given situation, to make yourself feel safe, and/or to make others feel comfortable, there’s a significant cost.⁹ It’s exhausting, says Petgrave-Nelson. And over time, it can lead to depression, anxiety, burnout, isolation, and loneliness.¹⁰

When you have support groups and other cancer support resources that are specifically for BIPOC individuals and made up of members of the same community, it eliminates the need for this protective – though ultimately often detrimental – practice.

“You’re able to be yourself and you don’t have to code switch,” Petgrave-Nelson says. “You [can just be] who you are.”

Access to Information and Advocacy

In an ideal world, all patients would have access to the same information, services, and care. We know this isn’t true, though; significant gaps exist for BIPOC communities and other marginalized groups.¹¹

When it comes to cancer care, representation helps, Petgrave-Nelson says. She’s seen firsthand how a patient going to a healthcare provider with the same racial, ethnic, and/or cultural background as them can have a positive impact, from dissolving a language barrier to more quickly establishing a level of comfort due to a shared cultural understanding.

“It really makes a difference,” she says.

But BIPOC providers aren’t always available. In rural hospitals, for example, there might only be one oncologist and they’re a generalist who’s white, Petgrave-Nelson notes. So you don’t even have the option to see a doctor who specializes in your cancer type, let alone a BIPOC provider.

When you don’t have that representation in your care team, cancer resources and support created especially for BIPOC individuals and communities can help fill gaps in information that might not be readily available. For instance, other support group members or a peer mentor can share their experiences of undergoing cancer treatment, such as how they handled certain situations and what pitfalls to avoid.

Many BIPOC individuals, especially older adults without spouses or children, don't have extensive support networks, says Petgrave-Nelson. They may be navigating cancer treatment alone, or with very little help, and they don't know what to expect. "[They come to a BIPOC support group] and they're asking questions, and we just try to build them up and say, 'It's okay,'" she explains. "We give them pointers on what to ask and what to say."

Affirmation and Safety

The shared history and understanding present in BIPOC support groups and one-on-one support can help affirm people's experiences, and provide a sense of psychological safety – being able to openly express ideas and concerns, ask questions, and challenge others, including those in authority, without fear of repercussions¹² – which can be lacking in general cancer support groups and resources, notes Petgrave-Nelson.

This boils down to BIPOC support group participants being able to express themselves fully, without feeling like they have to censor themselves on anything, from mistrust of the healthcare system to spiritual conflicts, cultural myths, family expectations, or experiences of inequity in healthcare, she says.

"I want to make sure that I'm creating spaces that help [BIPOC] patients feel safe enough to ask questions and be themselves," says Petgrave-Nelson, emphasizing the need for culturally safe spaces where people impacted by cancer can have open dialogue, even if they can't have it at the hospital where they're treated.

"We can't change our clinics and cancer spaces overnight," she says. "[But] there are opportunities for us to create these types of supportive environments to build trust, [share] resources, and advocate for systemic changes."

In the face of deeply rooted and difficult to dismantle systemic barriers to care for BIPOC individuals, cancer support and resources specifically created for BIPOC communities are essential to help to fill gaps, meet needs, and provide support that's not available elsewhere.

In the following pages, we've compiled a list of cancer support services and resources for BIPOC individuals, families, and communities. Read on to learn more.

What Our Mentor Angels Have to Say

"I am thankful that I can speak to [my Mentee] in Spanish, and explain what I went through in the language she speaks. It's not easy finding someone who's been through your experience and who speaks your language. I am very fortunate to be able to help her out. I get to put her at ease in a common language."

– Magdalena, Mentor Angel

"It was more comfortable for me to relate to someone who had similar characteristics as myself, including age and ethnic background."

– Crystal, Mentor Angel

Contact **Imerman Angels** to connect with a peer mentor who understands what you're going through. Matches are based on the requests of the Mentee. Through our in-depth matching process, we do our best to meet our Mentees' needs. If you're a cancer fighter, survivor, previvor, or caregiver and want to provide support and encouragement to someone facing similar challenges, get in touch with us about becoming a Mentor Angel.

Visit our website **imermanangels.org** or call us at **866-IMERMAN (463-7626)** to learn more.

Mentor Angel quotes have been edited for length and clarity.

¹ Implicit Bias, American Psychological Association, <https://www.apa.org/topics/implicit-bias>

² Macias-Konstantopoulos WL, Collins KA, Diaz R, Duber HC, Edwards CD, Hsu AP, Ranney ML, Rivello RJ, Wettstein ZS, Sachs CJ. Race, Healthcare, and Health Disparities: A Critical Review and Recommendations for Advancing Health Equity. *West J Emerg Med.* 2023 Sep;24(5):906-918. doi: 10.5811/westjem.58408. PMID: 37788031; PMCID: PMC10527840, <https://pmc.ncbi.nlm.nih.gov/articles/PMC10527840/>

³ Bazargan M, Cobb S, Assari S. Discrimination and Medical Mistrust in a Racially and Ethnically Diverse Sample of California Adults. *Ann Fam Med.* 2021 Jan-Feb;19(1):4-15. doi: 10.1370/afm.2632. PMID: 33431385; PMCID: PMC7800756, <https://pmc.ncbi.nlm.nih.gov/articles/PMC7800756/#:~:text=10,light%20on%20this%20complex%20phenomenon>.

⁴ Hanford, J, Medical Mistrust, Distrust, and Trauma: The Impact on Neonatal Care. AAP Journals BLOG 2025 April 2, <https://publications.aap.org/journal-blogs/blog/31715/Medical-Mistrust-Distrust-and-Trauma-The-Impact-on>

⁵ Study Shows How Family Health History Can Affect Cancer Risk, American Cancer Society, <https://www.cancer.org/cancer/latest-news/study-shows-how-family-health-history-can-affect-cancer-risk.html>

⁶ What is Code Switching? on Cleveland Clinic website, <https://health.clevelandclinic.org/code-switching>

⁷ Dove & LinkedIn CROWN 2023 Workplace Research Study, <https://www.prnewswire.com/news-releases/dove-partners-with-linkedin-in-support-of-the-crown-act-to-help-end-race-based-hair-discrimination-in-the-workplace-301748816.html>

⁸ Microaggression, Merriam-Webster Dictionary, <https://www.merriam-webster.com/dictionary/microaggression> and Microaggressions: What they are, how they impact people, and how to respond on Mental Health America, <https://mhanational.org/resources/microaggressions/>

⁹ What is Code Switching? on Cleveland Clinic website, <https://health.clevelandclinic.org/code-switching>

¹⁰ Ibid

¹¹ Chin ZS, Ghodrati A, Foulger M, Demirkhanyan L, Gondi CS. Beyond Barriers: Achieving True Equity in Cancer Care. *Curr Oncol.* 2025 Jun 12;32(6):349. doi: 10.3390/curronc32060349. PMID: 40558292; PMCID: PMC12191551, <https://pmc.ncbi.nlm.nih.gov/articles/PMC12191551/>

¹² What Is Psychological Safety? on Royal College of Nursing website, <https://www.rcn.org.uk/About-us/Equity-diversity-and-inclusion/Taking-time-to-talk/Important-concepts-to-understand/Psychological-safety>

BIPOC Communities in Cancer Care Resources

DESCRIPTION	LINK
Organizations	
African American Breast Cancer Alliance	Read
AfroSHARE	Read
ALAS Wings	Read
American Indian Cancer Foundation	Read
Asian American Cancer Support Network	Read
Asian Cancer Resource & Support Services	Read
Carrie's Touch	Read
Chinese Community Health Resource Center	Read
ChineseSHARE	Read
Endometrial Cancer Action Network for African-Americans	Read
For the Breast of Us	Read
Health, Hope & Hip-Hop Foundation	Read
Indian American Cancer Network	Read
Latinas Contra Cáncer	Read
LatinaSHARE	Read
My Style Matters	Read
New Hope – Chinese Cancer Care Foundation	Read
Nueva Vida	Read
Safeena: Muslim Cancer Support Network	Read
Sisters Network Inc.	Read
The Latino Cancer Institute	Read
Tigerlily Foundation	Read
TOUCH: The Black Breast Cancer Alliance	Read
United Colors of Cancer	Read

Articles

A Black Woman's Guide to "The Breast Cancer Talk" With Doctors	Read
ACE Your Health Community Wellness Survey Report	Read
Building a Healthier Future: Designing for AI Health Equity	Read
Cancer Disparities	Read
Cancer Facts & Figures for African American/Black People	Read
Increasing Prostate Cancer Education and Screening for Black Men in Southeastern Michigan	Read
It's Time to Meet the Needs of African American and Black Caregivers	Read
Lung Cancer and Clinical Trials in the Hispanic and Latino Populations	Read
Melanoma – Skin of Color	Read
Multiple Myeloma in Black and African American Communities	Read
Ovarian Cancer in Black and African American Communities	Read
Oya Gilbert Uses Hip-Hop to Educate Underserved Patients With Myeloma	Read
Skin Cancer Among People of Color	Read
The Importance of Diversity in Clinical Trials	Read
Triple Negative Breast Cancer in Black and African American Communities	Read
What I Learned About Diversity, Equity, and Inclusion in the Skin Cancer Space	Read

Webinars

Addressing Colorectal Cancer Screening in Indigenous Communities	Watch
Barriers in Healthcare	Watch
Black Family Bladder Cancer Awareness	Watch
Cancer in Asian Americans – Epidemiology and Prevention	Watch
Centering the Experience of Black Families Talking to Kids About Cancer	Watch
Disparity Rates and the Latest in Pancreatic Surgical Procedures	Watch
Empowering Providers to Bridge Barriers in Prostate Cancer Care	Watch
How Can Breast Cancer Providers and Patients Help Address BIPOC Disparities	Watch
Latinx Oncology Leaders Discuss How Federal Policy Affects Cancer Outcomes in Their Communities	Watch
Let's Talk About It: Black Women With Breast Cancer	Watch

Living With Grief: Diversity and End-of-Life Care [Watch](#)

Melanoma in the Hispanic Population [Watch](#)

Palbociclib for BIPOC Patients With HER2-Negative Breast Cancer [Watch](#)

Understanding Colorectal Cancer: Navajo Adaptation [Watch](#)

Podcasts

Black Cancer [Listen](#)

Breaking Barriers and Creating Change in Clinical Research [Listen](#)

Experiencing Kidney Cancer as a Young Black Woman [Listen](#)

Hip. Hope. Hooray! Men Talkin' Health [Listen](#)

Understanding Challenges and Root Causes of Inequities in Clinical Trials [Listen](#)

Unheard Stories: Kidney Cancer in Native Americans [Listen](#)

Support Groups + Events

Black Women of Ethnicities Support Group 1st Thursday of the month
9 am CT [Learn More](#)

SHARE's MBC Support Group for Black Women 4th Tuesday of the month
5 pm CT [Learn More](#)

Sistas of Hope Group: Meeting for African American Women Impacted by Breast Cancer Every Monday 9:30 am CT [Learn More](#)

T'ai Chi Chih Every Tuesday 9:30 am CT [Learn More](#)

Virtual Meet-Up for Parents of Color Every Monday 10:45 AM CT [Learn More](#)

Supporting the Psychosocial Needs of BIPOC Communities in Cancer Care 6/30 6 pm CT [Register](#)

Centering the Experience of AAPI (Asian American And Pacific Islander) Families 7/15 6 pm CT [Register](#)

Other

A Letter to My Sisters Documentaries [Watch](#)

CAI Study: Asian American Breast Cancer Survivors [Read](#)

Care for HER: Free Services and Support for Black Breast Cancer Patients [Read](#)

Free Black Therapy [Read](#)

Non-Smoking Asian Women Getting Lung Cancer at a High Rate [Watch](#)

One Herd: Giving a Voice to All [Read](#)

Therapy for Latinx [Read](#)

VOICES of Black Women [Read](#)

Spanish (Español) Resources

Directorio de Recursos de Cáncer – Imerman Angels [Leer](#)

ALAS Wings [Leer](#)

Artes Y Manualidades | Sábados a las 9:00 AM CT [Registro](#)

Aspectos Básicos Sobre el Cáncer de Vejiga [Leer](#)

Cómo Hablar Con Mis Niños Acerca de un Diagnóstico de Cáncer [Ver](#)

Conozca su Cáncer [Leer](#)

Diagnóstico del Melanoma de Piel [Leer](#)

El Protector Solar Y Su Rutina Diaria [Leer](#)

Explorar Los Recursos de Frankly Speaking About Cancer [Leer](#)

Forjando tu Futuro Mientras Reconcilias el Pasado [Ver](#)

Grupo de Apoyo Mensual | Cada 4to viernes del mes a las 10:00 AM CT [Registro](#)

Grupo de Apoyo Para Pacientes Y Cuidadores Afectados por Colangiocarcinoma
Cada 2do miércoles del mes a las 1:30 PM CT [Registro](#)

Kit de EPP Contra el Melanoma [Leer](#)

Latinas Contra Cáncer [Leer](#)

LatinaSHARE [Leer](#)

Metástasis Leptomeníngea [Leer](#)

MyLifeLine – Conéctese Gratis a tu Comunidad Contra el Cáncer [Leer](#)

Nueva Vida [Leer](#)

Participar en Sus Decisiones de Atención del Cáncer de Próstata [Leer](#)

Programa de Bienestar Con Unite for HER [Leer](#)

Puentes de Esperanza (Colangiocarcinoma) [Leer](#)

Recursos Educativos Sobre Linfoma [Leer](#)

Seminario: Búsqueda de Empleo [Leer](#)

The Latino Cancer Institute [Leer](#)

Triage Cancer – Seguros, Empleo, Finanzas [Leer](#)

Viviendo Después del Duelo Y La Pérdida | Cada 1er jueves del mes a las 5:00 PM
CT [Registro](#)

Partner Spotlight



For the Breast of Us (FTBOU) is a national nonprofit organization that supports women of color impacted by breast cancer through advocacy, community, and education. In addition to championing policy changes,

fighting health disparities, and working to ensure that women of color are represented in breast cancer research, For the Breast of Us provides spaces for women of color impacted by breast cancer to connect and learn through community events and educational programs, both online and in person. Their large-scale annual live event, Breast Cancer BaddieCon, brings together survivors, thrivers, and advocates over several days for informative sessions, cultural celebrations, and community-building activities.

Together, our organizations provide comprehensive, holistic support and resources for women of color impacted by breast cancer – For the Breast of Us through advocacy, community, and education, and Imerman Angels through one-on-one support from a trained peer mentor (Mentor Angel) with similar lived experience.

[LEARN MORE](#)



I was matched with someone with the same diagnosis who was diagnosed three years prior to me. My correspondence with her was good; she had a completely different outlook on recovery from mine, and it was good to see her thriving and living her life. It was a reminder to know that I, too, can do this. I decided to also be a Mentor to individuals looking for that similar support, and have had three Mentees now. I think that the existence of [this] organization was enough for me to know that I had a place to reach out to for a sounding board.

What makes these matches so unique is that as an individual with a particular diagnosis, I want to meet someone with the same diagnosis – I know they will understand and appreciate my journey as much as I do theirs. When you can meet someone going through the same experience and diagnosis, it makes all the difference in the world. Don't be afraid to reach out!”

– Aurora, Mentor Angel, Stage 4 Non-Small Cell Lung Cancer

Mentor Angel quotes have been edited for length and clarity.

Supporting the Psychosocial Needs of BIPOC Communities in Cancer Care

VIRTUAL EDITION

Community Event Series

 **TUES**
JUNE 30  **6:00 PM**
CT

Cancer impacts more than just the body — it affects emotional, mental, and social well-being. For Black, Indigenous, and People of Color (BIPOC), these psychosocial challenges are often compounded by systemic barriers, cultural stigmas, and gaps in culturally responsive care.

This virtual discussion brings together experts, advocates, and individuals with lived experience to explore the unique psychosocial needs of BIPOC communities in cancer care. Through honest dialogue and shared perspectives, this event will validate lived experiences, examine disparities in support systems, and highlight the importance of culturally attuned resources.

[REGISTER](#)



MODERATED BY:

Dr. Karriem S. Watson,
DHSc, MS, MPH

PANELISTS:



OYA GILBERT



LINDA MATHEW, DSW,
MSW, LCSW-R



YADIRA MONTOYA,
MSPH



VALARIE TRAYNHAM



My experience has been great – not only have I met others with sarcoma and built a relationship with them, but being able to help people is what I got involved with Imerman Angels for. Sarcoma is rare compared to other cancers, and when talking to people who have also gotten amputations, not only am I helping others, but they are helping me as well.

The support groups do great work, but with Imerman Angels, instead of a one-size-fits-all deal, it's tailored to put me in contact with someone I can relate to, and that makes all the difference! When they share their experience, it's a lot more impactful and raises spirits. It makes you feel better – they've been through it, and they've done it!

– Breon, Mentor Angel, Stage 3 Synovial Sarcoma

Mentor Angel quotes have been edited for length and clarity.

Additional Resources

ADOLESCENTS AND YOUNG ADULTS (AYA) RESOURCES

[Dear Jack Foundation Community](#)

[Elephants and Tea Virtual Happy Hour](#)

[Stupid Cancer](#)

[The Ahmad Butler Foundation](#)

[The Cassie Hines Shoes Cancer Foundation](#)

[Young Survival Coalition](#)

CANCER-SPECIFIC RESOURCES

[305 Pink Pack \(Breast\)](#)

[American Lung Association](#)

[Bladder Cancer Advocacy Network](#)

[Blood Cancer United](#)

[Colontown](#)

[Ewing Sarcoma Institute](#)

[Fight Colorectal Cancer](#)

[For the Breast of Us](#)

[GYN Cancers Alliance \(Gynecological\)](#)

[Head & Neck Cancer Alliance](#)

[Hope for Stomach Cancer](#)

[Kidney Cancer Association](#)

[Kidney Couch](#)

[National Ovarian Cancer Coalition](#)

[Lary's Speakeasy \(Laryngectomy\)](#)

[Learn Look Locate \(Breast\)](#)

[Leukemia Research Foundation](#)

[Male Breast Cancer Global Alliance](#)

[Melanoma Action Coalition](#)

[Melanoma Research Foundation](#)

[MPN Research Foundation](#)

[National Brain Tumor Society](#)

[National Ovarian Cancer Coalition](#)

[Northwest Sarcoma Foundation](#)

[Sarcoma Alliance](#)

[Sarcoma Foundation of America](#)

[The Breast Cancer Club](#)

[The Paula Takes Foundation for Sarcoma Research](#)

GENETICS

[Alive and Kick'n - Lynch Syndrome](#)

[Decoding Genetic Tests for Parents-to-Be](#)

[FORCE: Facing Our Risk of Cancer Empowered](#)

[Jacqueline Rush Lynch Syndrome Cancer Foundation](#)

[KRAS Kickers - KRAS Biomarker](#)

[Living LFS - Li-Fraumeni Syndrome](#)

[What Is Genetic Counseling and Genetic Testing?](#)

[What If I Test Positive for Genetic Mutations - Should I Tell My Family?](#)

Additional Resources

RESEARCH & CLINICAL TRIALS

[A Healthy Diet and Exercise May Prevent Colorectal Cancer Recurrence](#)

[Black Women and Cancer Study](#)

[Couples Dealing With the Financial Difficulties of Cancer](#)

[Emotion Regulation and Psychological Well-Being Among Cancer Caregiver-Patient Dyads](#)

[Open Clinical Trials Related to Hereditary Cancers](#)

[Organ Transplant and Cancer Study](#)

[Participate in the Inherited Genetic Cancer Registry](#)

[Self-Perception and Intimacy After the Cancer Experience](#)

[The Childhood Cancer Identity Project](#)

MISCELLANEOUS

[Alliance for Fertility Preservation](#)

[Byrd Cancer Foundation](#)

[Camp Kesem - A Child's Friend Through and Beyond a Parent's Cancer](#)

[CancerCare - Free Professional Support Services and Information](#)

[Cocktails & Caregivers](#)

[Cure Today - Online Magazine](#)

[Empowering Intimacy](#)

[Epic Experience - Adventure Camps](#)

[Global Leadership in Oncology & Wellness](#)

[Livestrong Foundation](#)

[Patient Empowerment Network -Education](#)

[Pickles Group - Kids Supporting Kids](#)

[Team Maggie's Dream - Fertility Preservation](#)

[Triage Cancer - Insurance, Employment, Finances](#)

[Twist Out Cancer - Creative Arts Programming](#)

[Worth the Wait - Fertility Treatments, Adoption, and Surrogacy](#)

Become a Mentor Angel

Join our worldwide cancer support community as a Mentor Angel and provide personalized, one-on-one support for cancer fighters, survivors, previvors, and caregivers.

[LEARN MORE](#)





Imerman Angels Grief
ToolKit: A Guide to
Help and Support You
Through the Grief
Process

[DOWNLOAD](#)

List of helpful cancer-
related resources.

[Resource Page + Videos](#)

[Request Brochures](#)

[Shop Imerman Angels](#)

Share your journey



Everyone has a story to tell. It only takes one story to inspire and provide hope to others. Whether it is a story of survivorship or your experience as a caregiver, others like you will find comfort in knowing they are not alone.

[SHARE YOUR STORY](#)

Connect with us

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